

Step #2: Progress in Reaching LSWP Goals Template

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<p><i>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></i></p>			
<p>1. Nutrition education will be integrated into core academic subject areas to complement the existing health curriculum</p>	Yes	<p>Teachers have included health and nutrition education into their content areas concentrating in Science and Language Arts. Teachers turn in weekly lesson plans that reflect the objective being taught that include nutrition education.</p>	<p>K-3 Activities in Content Areas:: The 5 Fabulous Food Groups https://www.youtube.com/watch?v=L9ymkJK2QCU Super Fab Lab! Food Groups - Sid The Science Kid https://www.youtube.com/watch?v=ARD1MAh434w Food Pyramid Song https://www.youtube.com/watch?v=Mwp6q3jGrG0</p> <p>4-6 Activities Science class school nurse guest speaker talking about healthy eating (April)</p> <p>Scholastic News in Science Class</p> <p>Language Arts articles and texts</p>
<p>1. Students will be provided with an average of 75 minutes of physical education class per week.</p>	Yes	<p>The PE teacher has intentionally set the schedule to include 75 + minutes for each grade level K-6. PE is a class that has objectives and instruction and students are expected to not only learn but to take accountability for their learning.</p>	<p>https://docs.google.com/spreadsheets/d/1ApqgkGJy6RSgaCvyojRmOWsJs51vI3TKkjnT7iWclzk/edit?usp=drive_link</p>
<p>2. The school system will continue to ensure an adequate time for students to eat meals and socialize with peers.</p>	Yes	<p>Students in grades K-6 have adequate time to eat and socialize with peers and adults during lunch. All students have 30 minutes but will be given extra time if needed. Supervision is provided in the lunch room to ensure students are not only eating their</p>	<p>https://docs.google.com/spreadsheets/d/1mryk5iG6So4O5U1gdxjINdaMQRoWU4B14pGQ7-R_Xe8/edit?usp=drive_link</p>

Nebraska Department of Education, Office of Coordinated Student Support Services

Adapted from the Let's Eat Healthy Program resources

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		lunch but also appropriately interacting with their peers.	
Additional Goal(s) <i>Add more rows as needed</i>			

To return to the overview document, [click this link](#), Questions, contact: jessie.coffey@nebraska.gov